



Ping's Café dishes
Yoshuko cuisine.

Dining

Yankee Noodle Dandy

A new Japanese culinary style hits our shores.

We love hip as much as the next person but lately the rapid-fire opening of too-cool-for-school eateries in Vancouver's south of Main district has us gasping for some calm. Thankfully serenity is found at Ping's Café, a small restaurant that is an oasis of modern design. The hundreds of hanging lights are custom-designed by Vancouverite Omer

Arbel and go perfectly with the contemporary aura and clean, unfussy decor. The menu takes its inspiration from Japanese Yoshoku cuisine, American classics done with a Japanese ethos. The result: eclectic masterpieces like a hamburger-wrapped hard-boiled egg in panko crumbs. —Neal McLeman

604-873-2702, 2702 Main St., Vancouver.



Find Beauty
Through
Balance at
Spa Utopia.

Spa Mud Slinging

Get the dirt on local, natural skin care.

When Sherina Jamal began searching for unique ingredients for an all-natural skin care line, she found a fountain of youth in our harbour. Well, not quite. But using Canadian glacial clay and Pacific seaweed (both indigenous to British Columbia's coastline), along with imported additions such as green tea and grapeseed extract, Jamal developed Beauty Through Balance, dedicated to well-being both on the outside and within. With recyclable packaging and energy-efficient production methods, it maintains an environmental equilibrium that has won the approval of the David Suzuki Foundation.

—Shannon Smart

beautythroughbalance.ca

Decor

A Fine Balance

Embracing understated style.

Zwada Home is a chic Yaletown hideaway with an intimate approach to interior design: mixing modern philosophies with old world pieces to create spaces that are both contemporary and timeless. Think of the elegant minimalism of antique Asian imports offset by the gallery's bespoke line of plush furnishing. To complete the serene milieu, Zwada also offers fresh-cut flowers arranged at the hands of a master florist. —Vanessa Scrubb

604-568-7677, zwadadesign.com, 110-1238 Homer St., Vancouver.

